



SANDY BEACH PUBLIC SCHOOL

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Principal: Diane Blevin

Issue 28 Nov 7, 2018



Hello parents, carers and friends of Sandy Beach Public School,

Returning after from an extended holiday, travelling to Japan, I can see there has been a busy start to the term with our school Fete, 2019 Kindergarten children having a taste of school life, major excursions and lots of interesting learning activities! I would like to thank Mrs Craig for holding the position of Relieving Principal and for Ms Williams as Stage 2 Assistant Principal in my absence.

2019 Kindergarten Transition Program

Today we held our second Kindergarten Orientation session with lots of eager children ready to start "big school". Our final day will be on Thursday 22 November, which is for parents and students, with an opportunity for parents to have a school tour, meet our staff and have an overview of services available. We look forward to everyone attending this day, commencing at 9:30 am.

P&C

Last week our last P&C meeting was held for 2018. The small but hard-working team have organised lots of events throughout the year to encourage community participation and raise money for the school. I would like to particularly thank Nicole McKay who has held the position of P&C President for the past few years as she has been a major driver towards many of the events and changes initiated by the P&C. Many thanks from all the school community Nic! Our P&C AGM is on Monday 26 November at 7pm in the staffroom. We are looking for additional people to become involved in our 2019 committee and would love to see you there if interested.

Grade Excursions

Last week, Year 4 students travelled to the Port Macquarie area to compliment their studies on history and geography. The visit to Timbertown was a highlight for many students who really enjoyed seeing how life was like for early settlers in Australia. Thank you to Mrs Stone for organising this excursion and to Mrs Hearn, Mary Klazema and Luke Fluechter for attending and assisting over the two days.

We also had Year 5 students who had a longer trip away to Brisbane and Queensland visiting many interesting places including the Maritime Museum, Queensland Science Centre, Australia Zoo and Seaworld. I would like to thank Mr Kowald for his organisation of this excursion and to Mr Ticli and Ms Hagan who also accompanied the students and assisted with daily organisation.

It is now fast approaching to the Year 6 excursion to Sydney and Canberra. There are many excited students as these major excursions are often a memorable event, being a highlight of the year. I would just like to take this opportunity to say that teachers do appreciate a thank you at the end of the excursion, as teachers do have to put their own families and life on hold to attend overnight excursions, which they willingly do but acknowledgement of this is greatly received.

SBPS Facebook Page

A reminder that Ms Musgrave manages our school's Facebook page and there are regular posts, including great photos, of things happening at school such as our recent excursions. There is sometimes information from our P&C and school canteen, so I would encourage any Facebook users to access our school page.

Australian College of Educators World Teachers' Day Certificate of Recognition

I am delighted to acknowledge Mrs Peta Dawes and Mrs Jess Patterson will receive a World Teachers' Day Awards on Friday at a ceremony in Coffs Harbour. These nominations were to recognise two of our teachers who are excellent classroom practitioners but also put extra effort into organising activities for students beyond their own classrooms. Congratulations!

Moving Matters

Our school won the Genesis Health and Fitness award for being the most active school. Ms Williams coordinated this event encouraging everyone to participate in daily fitness. Our school has won \$1000 which will be put towards sports equipment for the students.

Diane Blevin
Principal

YOU WON'T WANT TO MISS THIS!

We are very excited to let you know Dr Nicola Holmes will be speaking at our school about anxiety disorders, practical management strategies and building resilience in ourselves and our children. This is an incredible opportunity for our Sandy Beach PS families. Nicola is a local doctor who has a passion for helping young people experiencing mental illness. She has helped countless children and young adults through her work at Headspace.

If you require child minding please contact Belinda Musgrave on 66561777 prior to the evening. She is amazing! Don't miss this!

When: Wednesday 14 November at 6:00 pm

Where: Oceanarium



DATES FOR YOUR DIARY

Nov 7

Kinder Transition Day 2

Nov 12

Yr 1 Dolphin Marine Magic
Excursion
Kindy Agriculture Farm
Excursion

Nov 16

2 Red Stage Assembly

Nov 18-22

Yr 6 Canberra Excursion

Nov 22

Kinder Transition Day 3 and
Parent Information Session

Nov 26

P & C Meeting AGM
Intensive Swimming Starts

STUDENTS OF THE WEEK

K Lime Sanford Bullock

Jarrah Brownlee

K Purple Blayden Waterman-
Maryvale

Estelle Hacker

K/1 Aqua Beau Thornton
Rylee Vines

1 Sapphire Grace Willman
Angus Elder

1/2 Orange Seth Ryman-Shaw
Phoenix Whitcher

2 Red Alexis Eckersley
Evy Walker

2 Indigo Taj Farrow
Reidon Pearce

Star Solvers

Eli Kidd-Freeman & Markie Hopkins

Classes of the Week

K Purple & K/1 Aqua

3 Blue Ashlee Orr

3 Teal Frankie Jones

4 Violet Ben Partridge

4/5 Gold Georgia Baldwin

5 Coral Billy Franz

6 Ivory Brayden Flannery

6 Turquoise Charli Daddow

Star Solver

Malia Deighton

Class of the Week

3 Blue

SPECIAL AWARDS

Emerald

Harrison Becker

Grayson Wooderson

Piper Corbett

Makenna Billing

Patrick Vaughan

Nash Coward

Ruby

Logan Coleman

Ivy Conroy

Zoe Jones

Zara Johnson

Jade Messner

Angus Elder

Sienna Grootjans

Jossilyn Benjamin

Sam Chaseling

Sapphire

Austin Harper

Manning Chambers

Reidon Pearce

Che Lei Wilder-Gillic

Jade

Alice Franz

Blaize Lovett

Sam Nicholson

Opal

Damon Smith

Ella Nicholson

Diamond

Jye Slater

Emily Bell

Jacob Partridge

Tayla Walsh

Harley Hayes

Navrin Connor

Live Life Well @ School



**'Crunch and Sip'
or similar is
implemented at our
school**



**Enjoyment in
healthy eating and
physical activity is
encouraged**



**Our school provides
healthy information
to families**



**The school provides
food growing
experiences or a food
garden**

**MAKE
HEALTHY
NORMAL**



Health

**REDUCE
SCREEN TIME.
INCREASE
GREEN TIME.**



TIPS TO BE MORE ACTIVE WITH YOUR FAMILY



Play ball games, cricket, soccer, basketball, skipping, trampoline, frisbee.



Build a sandpit, do some gardening or even create a veggie patch and grow your own fresh healthy veggies.



Don't let the weather stop your fun family activities.
Try some indoor activities you can do together like Twister or Limbo.



Teach the family games you played when you were growing up.
Learn some new ones from your kids.



Throw a ball or stick with the family dog.

**FOR MORE HEALTHY TIPS AND RECIPES GO TO
[MAKEHEALTHYNORMAL.NSW.GOV.AU](https://www.makehealthynormal.nsw.gov.au)**

Check out the Healthy Programs page and find a free program for you and your family.