



SANDY BEACH PUBLIC SCHOOL

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Principal: Diane Blevin



Issue 27 Oct 24, 2018

Hello parents, carers and friends of Sandy Beach Public School,

Welcome back to the new term.

We started the week with school photos and ended the first week with the school fete. The sun shone brightly for the fete afternoon with a great effort from the parent, teachers and student running exciting fun stalls.

Early indications are that the fete has proved to be another successful fund raiser with a final tally to be announced at a later date. Thank you again to a wonderful Sandy Beach Community for your support.

This is a busy term with three major primary excursions planned.

In week 3: Year 4 overnight major excursion to Timbertown and Year 5 major 3 day excursion to Brisbane. The Year 6, Sydney/ Canberra excursion will be happening in week 6.

Ms Williams will be the relieving Stage 2 assistant principal for the first three weeks of the term.

Yesterday was the first of our Kindergarten Orientations. How wonderful it was to see the happy, smiley faces on our new Kinders for 2019. Just a reminder we have 2 more orientation days:

Wednesday 7 November - pre-schoolers only

Thursday 22 November - all pre-schools and parents to attend our information session and expo.

If you know of any other children attending Kindergarten in 2019 please pass on this information.

As Sandy Beach is a proud waterwise school please see attached waterwise tip.

Aldina Craig

Relieving Principal

DATES FOR YOUR DIARY

Oct 26

K Purple Stage Assembly
Yr 6 Surfing Commences

Oct 23

Kinder Orientation Day 1

Oct 29—31

Year 5 Camp Brisbane

Oct 29-30

Yr 4 Camp Port Macquarie

Nov 2

3 Blue Stage Assembly

Nov 7

Kinder Transition Day 2

STUDENTS OF THE WEEK

K Lime Alexis Ashcroft

Rose Davison

K Purple Arabella Monkton

Maylea Hayes

K/1 Aqua Zoe Jones

Zack Chalker

1 Sapphire Ethan Dunn

Billy Smith

1/2 Orange Joshua Budd

Suriani Hidzir

2 Red Christian Cheney

Erin Connell

2 Indigo Jaisiah Smith

Lennix Coward

Star Solvers

Christian Cheney & Frey Freeman

Classes of the Week

2 Red & K Lime

3 Blue Veronica Rigbye

3 Teal Blaize Lovett

4 Violet Ella Dudgeon

4/5 Gold Tristian Shih

5 Coral Cooper Biggin

6 Ivory Bailan MacMahon

6 Turquoise Harley Hayes

Star Solver

Noah Williams

Class of the Week

4 Violet

SPECIAL AWARDS

Emerald

Bayleigh Harris

Westan Eggins

Levi Cavanagh

Ruby

Zack Chalker

Chase Brill

Trinity Watts

Matthew Montgomery

Jade

Lanah Vaughan

Topaz

Ella Dudgeon

Noah Fluechter

P & C News - Fete 2018

What a great afternoon. I haven't got our exact figures as yet, but it looks like we will have made close to \$8000!!! Wow! Thanks Sandy Beach community. We have already actioned some of the money by approving the purchase of new singlets for our cross country and athletics representatives.

Thanks so much to all our contributors/sponsors!

Dave Burke from Oosh Woolgoolga	Woodseys Wheels
Emerald Beach Pizza and Pasta	King Tide crossfit
Nexus Gym	Coffs Coast Sports Physio
Emma's Beauty and Nails	Seaview Tavern
That Beach Shop Woolgoolga	Audrey G's
Mid North Coast Physiotherapy	Spectrum Hair
Chrissy Stokes	Mell Hutchings
Mr Simms	The Woolgoolga Lions Club
Coffs Harbour Comedy Company	Moffat Falls
Smart Choice Law	Russell's Meats Moonee
Top Town Meats	Woopi's Finest Meats
Aussie Fresh Seafood	Moonee Tavern Bistro
Springloaded	Solitary Island Surf School
XS Surf	Sharon Galway -Living Well
Sharon Galway- Red Paddle Co	Zoe Engler
Woolgoolga Swim School- Newmans Road	Woolgoolga Pharmacy
Karina Smith Brammah - The Sunken Chip	Woolworths Park Avenue
Andrew Nelson - Royal Surf Lifesaving	White Salt
Beachouse Café	The Paper Boys
The Scenic Route	Yogurtland
Riptide Pizza	Go-Ju Kai Karate Woolgoolga

Thanks to our community groups-:

Woolgoolga High Aboriginal Singing Group, Songbook (Rachel Maxwell), Woolgoolga Dance Studio.

Plus all our donations from parents and friends of the school. And thanks to all the parents who helped make the day run smoothly.

Thanks to our curry ladies and a massive big thanks to Alicia Toms in the canteen.

Thank you to all our teachers who donate a lot of their time to help pull off this event. You are all worth more money!!! Thank you, thank you, thank you!

And a special thanks to all the members of our committee who have put in many hours to make this one of our best fetes yet!!

I do hope I have not forgotten anyone. But I sincerely appreciate each and everyone of you!

Cheers

Nicole McKay

Sandy Beach Public P and C President

Silent Auction Winners

Moffat Fall Accommodation voucher – Emily Rodriguez
Will Prep by Smart Choice Law – Steve and Judy Woods
Sunken Chip Hamper – Julie Robinson
Painting donated by Zoe Engler – Nicole McKay

Raffle Winners

The Scenic Route Cards – Gemma McCoy
Hurley Hat donated by XS Surf – Chloe Molan
Hair Products donated by Spectrum Hair - Erin Shanahan
-Ella
-Hadley Black
Coffs Coast Sports Physio voucher- Lyss
Seaview Tavern Bistro voucher – Beszart
Mid North Coast Physio voucher – Kiandra Sciascia
Russells Prime Meats Voucher – Gemma McCoy
Coin Purse donated by XS Surf – Gemma McCoy
Resuscitation Vouchers donated by Andrew Nelson – Casey Saben
Ryder James x2
SUP lessons and board Hire donated by Galways Go Round – Julie
Painting Donated by Zoe Engler - Leela Mangion
-Lousie Peacock`
Emmas Beauty and Nails – Simmy Hayes
Spring loaded Vouchers – Tathra Wilder
Living well pack – Emily Bell
Natio pack -Nicole McKay
Nexus Gym vouchers- Shane Bell
Hair Products donated by Chrissy Stokes- Amy Wiblem



Worried about your child's hearing?

Have they had lots of colds and ear infections?

Do they seem like they are ignoring you?

Then come along to

Otitis Media Awareness Day

Thursday 25th October, 2018

Park Beach Plaza

10am – 5pm

FREE

Ear Health Checks for Children (0 – 18years)

No Appointment Necessary

Each ear check will take approximately 5 minutes



CALL NOW TO BOOK YOUR PLACE!
0407 229 953

AUSTRALIA'S #1 NON COMPETITIVE SOCCER PROGRAM

Soccer Fun For Girls & Boys Aged 2 to 12!

8 WEEK SOCCER PROGRAM

Mite-E Soccer (2-3yo)
A great introduction to Soccer! Children work with their parents to learn new soccer skills and develop their motor skills! Lots of fun games in a non-competitive environment.
35 minute classes
\$100 for 8 weeks



Pint Size Soccer (4-5yo)
Children take their first kicks in soccer! They'll be introduced to shooting, dribbling, goal keeping and more. Children get to play lots of fun, skill based games. Grasshoppers get introduced to the Pint Size 'Iv1 Big Game!'
50 minute classes
\$130 for 8 weeks



Intro to Micro (5-6yo)
Micro (6-8yo)
The ultimate challenge for young soccer players! They'll learn the rules of the Grasshopper Soccer Big Game and develop their skills in passing, dribbling, shooting and more.
Intro - 60 mins \$135 for 8 weeks
Micro - 75 mins \$140 for 8 weeks



Micro Plus (8-12yo)
This program focuses on skill development and teamwork in preparation for club soccer. Children will enjoy all the favourite soccer based games, fine tune their skills as well as play the Grasshopper Soccer Big Game!
75 minute classes
\$140 for 8 weeks



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P: 6651 1566
www.pepperprint.com.au

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BANKSIA Preschool
A LONG DAYCARE CENTRE
02 6658 1261 • info@banksiapreschool.com.au
2 Tucker Close, Tarrimans NSW 2452



8 Week Program & Enrolment Form

Phone: 0407 229 953

Email: grasshoppersoccermnc@gmail.com
www.grasshoppersoccer.com.au

Child's Name: _____ DOB: _____

Parent/Guardian's Name: _____

Address: _____

Phone: _____ Mobile: _____

Email: _____

☐ **TERM 1, 2019** 2nd & 3rd February to 23rd & 24th March ☐ **TERM 2, 2019** 11th & 12th May to 29th & 30th June ☐ **TERM 3, 2019** 3rd & 4th August to 21st & 22nd September ☐ **TERM 4, 2018** 27th October

CENTRE (Please Tick) ☐ **COFFS HARBOUR - SATURDAY** Brelsford Park ☐ **WOOLGOOLGA - SUNDAY** High St Soccer Fields

PROGRAM (Please Tick) ☐ **MITE-E (2-3yo)** ☐ **PINT SIZE (4-5yo)**
☐ **INTRO TO MICRO (5-6yo)** ☐ **MICRO (6-8yo)**
☐ **MICRO PLUS (8-12yo)**

CLASS TIMES	MITE-E	PINT SIZE	INTRO TO MICRO	MICRO	MICRO PLUS
COFFS HARBOUR - SATURDAY	8.30-9.05am	8.30-9.20am	8.30-9.30am	8.30-9.45am	8.30-9.45am
WOOLGOOLGA - SUNDAY	9.00-9.35am	9.00-9.50am	9.00-10.00am	9.00-10.15am	9.00-10.15am



facebook.com/GrasshopperSoccerMidNorthCoast

PAYMENT OPTIONS: CASH, CHEQUE, MONEY ORDER OR CREDIT CARD
(Grasshopper Soccer has a NO REFUND Policy)

CREDIT CARD PAYMENT ☐ **VISA** ☐ **MASTERCARD**
Credit cards processed as JAJAMES PTY LTD

CARD NO.

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EXPIRY DATE □□/□□

ADD Grasshopper Soccer Shirt and Shorts
Enrolment Special \$40.00

Size:

☐ **XXS**
☐ **XS**
☐ **S**
☐ **M**
☐ **L**



ENROLLMENT SPECIAL \$ _____

TERM FEE \$ _____

TOTAL \$ _____

Parent/Guardian Consent: I hereby authorise Grasshopper Soccer to act on my behalf should my child require medical attention, and release Grasshopper Soccer from any liability for injury incurred by my child at Grasshopper Soccer programs. Photos/Videos of children attending these programs may be used for reasonable promotional purposes by Grasshopper Soccer.

Parent/Guardian Signature: _____

National Aboriginal and Torres Strait Islander Health Survey COMMUNITY FACT SHEET

From July 2018, the Australian Bureau of Statistics will be visiting selected communities to carry out the National Aboriginal and Torres Strait Islander Health Survey.

Selected households will have the chance to talk to us about their health so that government and health care services can make decisions that will help you, your children and your community live long, healthy lives.

What is the National Aboriginal & Torres Strait Islander Health Survey (NATSIHS)?

The NATSIHS collects information about the health and wellbeing of Aboriginal and Torres Strait Islander people all over Australia.

Your answers will help governments and healthcare services decide where to spend money on things like health clinics and health education. The answers you give us help to make sure money is being spent where it's needed most.

Health rating 2012-13
(15 years and over)



Percentage of daily smokers
(15 years and over)



What is involved?

The NATSIHS asks people questions about their health and lifestyle. One of our friendly interviewers will ask some questions about your health which include:

- What you eat and drink
- Exercise
- Smoking
- Your culture
- Any health problems like diabetes



We will also ask to measure your weight, height and blood pressure and ask you to complete a hearing test. This is first time that NATSIHS has had a hearing test. We will give you a copy of your test results so you can look at them again, or you can take them to your community clinic to talk to the nurse about what they mean.

National Aboriginal and Torres Strait Islander Health Survey

What's your health story?

Tell us by taking part in the **National Aboriginal and Torres Strait Islander Health Survey** (NATSIHS) - Interviewers from the **Australian Bureau of Statistics** (ABS) are now knocking on doors in your area, so make your story heard!

The NATSIHS collects information about the health status of Aboriginal and Torres Strait Islander peoples. We will ask you a range of questions face-to-face about your health and lifestyle, such as:

- visits to doctors, nurses or Aboriginal health workers
- health conditions
- medications
- smoking
- exercise
- what you eat and drink

You will have the opportunity to **take part in a voluntary hearing test** and have some physical measurements taken, if you agree (height, weight, waist and blood pressure).

For general enquiries, visit the ABS website at www.abs.gov.au/surveyinfo





NATIONAL Aboriginal and Torres Strait Islander HEALTH SURVEY



*"Your Health.
Our story.
Have your say
by taking part
in the Health
Survey"*

JOHNATHAN THURSTON
North Queensland Cowboys, NRL



Good health, our future

Do I have to do this survey?

Yes. A lot of Aboriginal and Torres Strait Islander people across Australia are going to be asked to do this survey and, because everyone is different, it is important that we find out about your health.

The ABS is trying to find out which health problems affect your community. We want to help health service providers give you and your community the best chance to live healthier lives by showing the government where, and what help is needed.



Proud to be a

Waterwise School

July, 2018

Winter Waterwise News

Hello Waterwise Schools,

Wow, it's already half way through the year (and almost holidays). There's been a few changes in our Waterwise team this year with the lovely Lisa taking time to work on her PhD studies and the wonderful Ryan moving onto teaching at a local High School. I've been busy holding the fort and more recently training up the very capable and passionate Joanna, whom I'll introduce you to below. It's been a great start to the year with Waterwise learning, School Water Audits, Refresher Assemblies and some great work happening in schools.. Read on for some great news about what's happening on the reducing plastics front, celebrating NAIDOC week, pictures from school water audits, a great tip to share with your school community through your Newsletter and more..

Stay cosy and happy holidays!

From the Waterwise duo Jane and Jo



WATERWISE TIP for your school Newsletter

- **Try to limit your shower to four minutes:** Each minute you save in the shower saves between 9 and 20 litres of water – depending on your showerhead. This could save a minimum of 15,000 litres per year. That's at least \$40 per person per year!

This [fun 4 minute song](#) helps you do it..check it out!

(from the [Kempsey Shire Council website](#) – check it out for more tips! You can also find water tips on the [Coffs Harbour City Council website](#), and the [Clarence Valley Council website](#).)

Avoid landfill waste

Reduce your eco-footprint

PLASTICFREEJULY.ORG

Protect the ocean



FAMILY COLOUR FUN RUN AND PICNIC

**MULLAWAY PRIMARY SCHOOL
25TH BIRTHDAY CELEBRATION**

**SATURDAY, 17TH NOVEMBER, 2018
STARTS AT 4 PM**

TALLOWOOD BUSH BAND PLAYING 6.00 TO 8.00PM

**INVITING ALL PAST AND PRESENT STUDENTS,
STAFF AND COMMUNITY TO CELEBRATE**

**\$10 EACH OR
\$30 PER FAMILY
OF 3 OR MORE.**

**TICKETS ON SALE
FROM MONDAY 12TH TO
FRIDAY 16TH NOVEMBER
8.15 TO 9.00AM
OUTSIDE THE LIBRARY.**

**BYO FOOD & DRINKS,
CHAIRS OR A PICNIC RUG.**

**WEAR A WHITE
T-SHIRT AND BRING AN
OLD TOWEL.**

THIS IS AN ALCOHOL FREE EVENT.

