

# SANDY BEACH CANTENEN MENU 2023

## CRUNCH & SIP

Seasonal Fruit (V, GF, EF, DF)	\$1.00
Watermelon/Grapes Cup	\$1.00
Mixed Fruit Cup (V, GF, EF, DF)	\$1.50
- Add yoghurt	.50

## SNACKS

Break 1 & 2

Popcorn bag (V, GF, EF, DF)	.20
Star mini frozen yoghurt (V, GF, EF)	.20
Mini Muffin (V)	.50
Nutrigrain/Milo bag (V, EF, DF)	.50
- Add Milk	.50
Juice Icy Pole	.50
Frozen yoghurt pop	.75
Homemade Muffin (V)	\$1.00
Mixed Fruit Cup (V, GF, EF, DF)	\$1.50
- Add Yoghurt	.50
Grainwaves/Deli Chips	\$1.50

Break 2 Only

Quelch Icy Pole	.50
Smooze/Juicies	\$1.25
Custard Cup	\$1.00
Moosies	\$1.50
Twisted Frozen Yoghurt	\$2.50

## EXTRAS

Sauce (tomato/bbq)	.50
Fork/Spoon/bag	.10

## SALAD/WRAP/SANDWICHES

<b>SALAD BOWL</b>	\$5.00
Lettuce, baby spinach, cucumber, carrot, tomato, celery, beetroot,	
Add Cheese	.50
Add Egg, Ham,	\$1.00
Add Chicken, Tuna	\$1.50

<b>WRAPS</b>	
Salad including cheese	\$5.00
Ham, cheese, lettuce, tomato	\$5.00
Chicken, lettuce, mayo	\$6.00

<b>SANDWICHES</b>	
Vegemite	\$3.00
Cheese	\$3.00
Cheese & Tomato	\$3.50
Egg & Lettuce	\$3.50
Ham or Tuna	\$4.00
Chicken	\$5.00
Chicken, lettuce & mayo	\$5.00
Salad	\$5.00
- Add Egg, Ham or Tuna	\$1.00
- Add Chicken	\$1.50

<b>TOASTIES</b>	
Cheese	\$3.50
Cheese & Tomato	\$4.00
Ham & Cheese	\$4.50
Ham, Cheese & Tomato	\$5.00
Chicken & Cheese	\$5.50

## HOT FOOD

Pinwheels	.80
Garlic bread	\$1.00
Chicken Tenders	\$1.50
Junior Sausage Roll	\$2.50
Homemade Sausage Roll	\$3.00
Junior Meat Pie	\$3.50
Meat Pie	\$4.50
Chicken & Gravy Roll	\$5.00
Chicken, Veggie or Beef Burger	\$6.00
Chicken tender wrap	\$6.50

Homemade Cheese pizza*	\$3.50
HM Ham & Cheese pizza*	\$3.50
HM Ham, Cheese & Pineapple*	\$4.00
Meatlovers Pizza*	\$4.50
Mac & Cheese*	\$5.00
Lasagne*	\$5.00
*Add half garlic bread	.50

## DRINKS

250ml water	\$1.00
600ml water	\$1.50
Hot Milo	\$2.00
250ml Juice popper	\$2.00
Plain milk	\$2.00
250ml flavoured milk	\$2.50
Up & Go	\$2.50
Chill J	\$2.50

